

# KAILASH MANSAROVAR YATRA

an ultimate pilgrimage to find inner

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# Kailash Manasarovar Yatra

Carrying a prolific relevance for the Hindus, Buddhists, Bonpos as well as the Jains, this heavenly abode to Lord Shiva is an immensely pious journey for all the divinity seekers. Tucked in the Tibet Autonomous Region in China, the beguiling and positive aura of the Kailash Manasarovar Yatra is here to let you entangle in its extreme auspiciousness.

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## Mt. Kailash and Lake Manasarovar

Mt. Kailash is known to be the heavenly abode of Lord Shiva and is also considered to be a pilgrimage destination packed with some of the most fascinating lessons of spirituality. It is situated in the Kailash Range (Gangdise Mountains) of the Transhimalaya and carries a highly religious importance too. On the other hand, considered as the most sacred lake in Tibet, Lake Manasarovar is majorly prominent as the world's highest freshwater lake and millions of ardent devotees come from the nook and corners of this world to experience its unique beauty lying at an elevation of 4,590 m.

## People and Language

Mount Kailash lies in the Tibet Autonomous Region in China and the people living here are the Tibetans covering more than 90% of the population, Chinese and also the Nepalis. Talking about the official language used as a communicator in the Tibet Autonomous Region, it is none other than the Standard Tibetan vocalized in the form of Tibetic languages. Apart from this, one may also witness the people speaking Chinese as well as the Nepalese here along with majority of the population being fluent in speaking as well as understanding English.

## Weather conditions in TAR Region

TAR is considered to be a region with the cool climate making the people living there wearing varied layers of clothes. It is known to have a harsh climate and during the wintertime, the temperature here goes below minus 16°Celsius and on the other hand, it goes above 29°Celsius during the summer time. The Tibet Autonomous Region (TAR) is a highly dry spot with the hot and cold climate reaching the extreme accompanied with the thin air as well as the sunshine from the high elevation.

## Various routes to visit Kailash Mansarovar

Millions of pilgrims intend to visit the Kailash Mansarovar that is known to be accessible from the varied points. One can be a participant of the Kailash journey through abundant number of ways. The most favoured and also the 'less complex' routes for reaching here are **Kathmandu** in Nepal, **Lucknow** in India and **Lhasa** in Tibet. Apart from this, the Ministry of Tourism India has figured out two routes for experiencing the divine Kailash Mansarovar Yatra which are none other than the route through Lipulekh Pass (Uttarakhand) and also the route through Nathu-La Pass (Sikkim).

Read more at [www.kailash-yatra.org/faqs.html](http://www.kailash-yatra.org/faqs.html)

## Do's and Don't's for Kailash Yatra

Kailash Mansarovar Yatra is a highly religious journey and is also considered to be a harder one. But, its result is simply priceless. While experiencing the spiritual journey to Kailash, the devotees have always claimed the attainment of inner serenity as well as a sigh of relief. In case you are striving to indulge in the same there are many strict guidelines prominent and an array of do's and don't's which you need to follow while journeying for having the glimpses of the heavenly abode i.e. the Mount Kailash.

## About Holy Mount Kailash

A myriad of unsolved aspects carrying a gigantic unusual shape resembling to that of a diamond, the ravishing spiritual aura of the Mount Kailash is what every divinity seeker strives for. Known to be a highly prominent and a pristine peak of the Himalayas, none can just resist him from the piousness that lies here.



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A winsome mystical agglomeration, a heavenly abode to Lord Shiva, an immensely esteemed pious destination ardently followed by thousands of devotees from all over the world- this is what defines the spiritual as well as the historical relevance of the 'Majestic Mount Kailash'. Considered to be a 'lifeline for some of the Asia's longest rivers, this diamond-shaped mountain formed by the

Black rocks is accompanied with the rugged beauty facilitating each and every devotee present here with the most fascinating and the scenic views throughout their Kailash Yatra. The Parikrama of this peak while covering a distance of 52 km is more than enough to have the most splendid views for the Mount Kailash accompanied with an inner satisfaction. Mount Kailash stands right at an elevation of 6638 m (21778 ft), it is thus considered amongst the Himalayas' highest parts carrying varied names with some of them being Gang Tise or Gang Rinproche. Billions of people intend to visit this pious hub but lucky are those few people who are able to grab the opportunity of having a highly positive experience here.

This beguiling destination is also recognized as a divine solution for Hinduism, Jainism, Buddhism as well as the people belonging to Bon Po. It has always been uttered that the Yogis and other people who are looking out for peace and salvation undoubtedly head towards the Mountains due to the highly serene environment there and this is thus, considered to be one of the most indispensable reasons for the participation of a good number of ardent followers in the holy Kailash Mansarovar Yatra prevalent each year. This mountain is tucked in a remote location that lies in the far western Tibet and is often accompanied with different religious aspects entailed by the people belonging to Hinduism, Jainism, Buddhism as well as the Bon Pos.

As told by the Hindus, Mount Kailash is considered to be the heavenly abode of the venerated Lord Shiva who is known to be a true epitome supporting the multiple apparent contradictions. The Lord of Yoga, the divine Tantra Master i.e. the Lord Shiva is said to be living on the top of Mount Kailash where he is indulged in spending time with his beloved wife- Parvati, practicing some Yoga aesthetics and smoking marijuana. According to them, their journey to the Holy Mount Kailash is a spiritual way of attaining salvation and also washing away all their sins.

Read more at [www.kailash-yatra.org/about-mount-kailash.html](https://www.kailash-yatra.org/about-mount-kailash.html)

# About Holy Lake Mansarovar

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World's highest lake inculcating immensely pristine water accompanied with extreme divinity ardently followed by thousands of pilgrims every year, the Holy Lake Mansarovar carries a massive spiritual relevance.

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The holiest lake of Tibet and also considered to be the world's highest fresh-water lake, Lake Mansarovar is clipped in the far western Tibet Ngari Prefecture that is known to be 'not so far' from the Mighty Mount Kailash. This invincible lake is no less than a 'Spiritual Satisfaction' for the thousands of pilgrims who are an active participant in the Kailash Mansarovar Yatra. It is tucked at an altitude of

4,590 meters while extending across an area of approximately 412 square kilometres. The notable characteristic of Lake Mansarovar that stands out to be the most discussed one is the purity of its water considered to be as pure as a sapphire to an extent that each visitor can easily look at the deeper points of this freshwater lake. Being witnessed as the most splendid lake in Tibet, one of the prime reasons responsible for its beauty are its surroundings i.e. the Lake Mansarovar is encompassed by the majestic Himalayan peaks to the south. It is globally prominent as a 'spiritual satisfaction facilitator' for Buddhism, Jainism, Hinduism and the ardent followers of the Tibetan religion of Bön.

The Mansarovar Lake carries a meaning of 'the invincible lake' in the Tibetan language and as notified by the varied religious writings, its name was changed from "Machui Co" to "Mansarovar" when a competition against the Bon was won by the Buddhists during the period of 11th century. One shall witness an array of five Buddhist monasteries dotting the shores of the holy Lake Mansarovar including the majorly renowned Chiu on the lake's Northwest shore with the remaining others being Gossul, Seralung, Yerngo and Trugo. While being indulged in the Kailash Mansarovar Yatra, thousands of devotees pave their way around the lake that is of about 82 kilometer/51 mile. Known to be the source of Asia's four greatest rivers named as the Ghaghara, Brahmaputra, Sutlej and Sindhu- a journey to the pristine Lake Mansarovar is continually proving to be the most religious method of experiencing the inner satisfaction and also swiping off your sins.

It has been assumed by the Hindus that the divine Lake Mansarovar has been formed by Lord Brahma with an intention of facilitating a perfect area of letting his sons take bath after the whole trek of the divine land. On the other hand, as confirmed by the Buddhists, they entail that the mother of the legendary Buddha was transported at this place by the gods and she took bath in the holy lake of Mansarovar until her body was purified.

Read more at [www.kailash-yatra.org/about-mansarovar-lake.html](https://www.kailash-yatra.org/about-mansarovar-lake.html)



# Why Max Holidays is the best tour operator for Kailash Mansarovar Yatra?

Kailash Mansarovar Yatra is working with the sole intention of their clients' satisfaction and has inculcated varied new packages as well as tours keeping the needs and the preferences of the customers in view. Our team is ready to serve you with the finest expedition to Mount Kailash accompanied with abundant choices.

## Committed To Devotees' Satisfaction

We strive to attain the utmost satisfaction of the pilgrims associated with us for the Kailash Mansarovar Yatra and we are always successful in achieving this moto since our travel experts are highly cooperative and know how to tackle the kith and kin while travelling to Mount Kailash.

## Knowledgeable and Experienced Travel Experts

Our eminent team of travel professionals is here to accompany you and share its knowledge about the varied aspects of Mount Kailash and lets you engross in the spirituality of the mighty Mt. Kailash. We are here to plan your journey full of divinity and get an experience for lifetime.

## Promising You a Highly Secure Journey

As notified, the Kailash Mansarovar Yatra is not an easy one and thus, there exists a dire need for the devotee to be facilitated with utmost safety. Thus, in this regard we have made the safety measures and other mandatory elements ready for our clients.

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Great Journeys, Beyond Expectations

# Top Places near Kailash Mansarovar

While being indulged in this journey, the pilgrims come across abundant spiritual hubs which are accompanied with immense divinity and they are listed below:



[Mount Kailash](#)



[Ashtapad](#)



[Lake Mansarovar](#)



[Gauri Kund](#)



[Rakshas Taal](#)



[Yam Dwar](#)

[CLICK HERE TO VIEW FULL LIST IF PLACES TO VISIT](#)

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# Popular Tour Packages & Routes for Kailash Mansarovar Yatra.

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## Package Option # 1

### [09 Days / 08 Nights yatra by Helicopter from Lucknow](#)

09 Days Kailash Mansarovar tour starting from Lucknow.

## Package Option # 2

### [11 Days / 10 Nights yatra by Helicopter from Kathmandu](#)

11 Days Kailash Mansarovar tour by Helicopter starting from Kathmandu.

## Package Option # 3

### [14 Days / 13 Nights yatra by road from Kathmandu](#)

14 Days tour by Bus to Kailash Mansarovar starting from Kathmandu.

## Package Option # 4

### [15 Days / 14 Nights yatra by road from Lhasa, Tibet](#)

15 Days overland tour to Kailash Mansarovar starting from Lhasa, Tibet.

## Package Option # 5

### [18 Days / 17 Nights Inner Kora from Kathmandu](#)

18 Days Yatra including Inner Kora (Parikrama) of Mount Kailash.

[CLICK HERE TO VIEW MORE KAILASH  
MANSAROVAR YATRA PACKAGE](#)

<https://www.kailash-yatra.org>

# Some Reviews from our past travelers



## My heartiest thanks to all Max Team!

My big thanks to Max Holidays for my memorable trip to Kailash Mansarovar. I have had very good experience with other yatris. We started yatra from Kathmandu as planned. I enjoyed the road journey , It was adventurous . First I met with first member of team (Prem) in NepalGunj. He is very good and helpful person. We had everywhere healthy and fresh food on time.

**Sunita Sharma – United Kingdom**



## My heartiest thanks to all Max Team!

I travelled with my mother to Kailash-Mansarovar on 11 days Heli-Kailash tour of 'Max Holidays' in July'18...I am happy the way Max team handled our entire journey... Specially Mr. Girish Vats who extended his helping hand at every point during booking and then while traveling with us to Kailash. He calmly n patiently handled all our queries and was making sure to provide a safe n secure environment for women travellers like us( In our Grp we were 5 solo women traveller).

**Anushka Kapse - India**



## Great Job!

Few things command more respect than hard work, integrity, dedication and the ability to follow through. These are among the many attributes we experienced from start to finish after completing our trip to Kailash Mansarovar with this travel agent. This travel agent is an excellent listener and pays attention to every detail; a lost quality in today's world.

**Akshay Munish Agarwal - Bareilly, UP**



## Very Helpful and caring tour operator for Kailash Yatra!

Must book this tour operator for yatras like "KAILASH MANSAROVAR". You can rely on emergency situations which we faced during the yatra in JUNE 2018.

**Nimish Singhania - Jarsuguda**



## Har Har Mahadev !

I had a strong desire to visit Kailash Mansarovar, When I started searching for good tour operator, It was very difficult to identify the best one as all were promising the best. In the process when I contacted Max Holidays and asked the contact number of a person who visited Kailash last year, I was provided the number of three person and I contacted one Mr. Nirankar Agarwal who explained the entire process of yatra and with his satisfied experience with Max, I along with two colleagues took up the journey with the Max.

**Surender Kumar – New Delhi**



## Wonderful Job!

My hearty thanks to Max holidays for arranging a memorable and enjoyable trip to Kailash mansarowar.

I specially appreciate Mr Vishal for his efforts to satisfy every group member against all odds.

**Surender Agarwal - Hyderabad**



## A big salute to Max Holidays team!

Though, every journey is a blessing from Lord Shiva, however, my journey to Mount Kailas and Lake Mansarovar wouldn't have possible without support from Max team.

A big salute to Max team for making my dream of Kailash yatra during August 2018.

Appreciate the team work. My special thanks to Minakshi and Jaspreet.

**Karthi Kankarajan – Dubai**



## Wonderful and memorable!

I had a wonderful and memorable time in land of bhole. The Kailash Mansarovar trip booked with Max Holidays was a real success for me and my family. Thank you team for everything you did for us.

**Deepika Ramani - USA**

# What is the importance of this spiritual trip?

**According to Hinduism**, Lord Shiva, the destroyer of ignorance and illusion, resides at the summit of a legendary mountain named Kailasa or Kailash, where he sits in a state of perpetual meditation along with his wife Pārvati. Description in the Vishnu Purana of the mountain states that the four faces of Mount Kailash are made of crystal, ruby, gold, and lapis lazuli. Mount Kailash is said to be a pillar of the world and is located at the heart of six mountain ranges symbolizing a lotus.

**Jainism**, Kailash is also known as Meru Parvat or Sumeru. Ashtapada, the mountain next to Mt. Kailash, is the site where the first Jain Tirthankara, Rishabhadeva, attained Nirvana/moksa (liberation)

**Tantric Buddhists** believe that Mount Kailash is the home of the Buddha Demchok (also known as Demchog or Chakrasamvara), who represents supreme bliss. There are numerous sites in the region associated with Guru Rinpoche (Padmasambhava), whose tantric practices in holy sites around Tibet are credited with finally establishing Buddhism as the main religion of the country in the 7th-8th century AD. It is said that Milarepa (c. 1052-c. 1135 AD), champion of Tantric Buddhism, arrived in Tibet to challenge Naro Bön-chung, champion of the Bön religion of Tibet. The two magicians engaged in a terrifying sorcerers' battle, but neither was able to gain a decisive advantage. Finally, it was agreed that whoever could reach the summit of Kailash most rapidly would be the victor. While Naro Bön-chung sat on a magic drum and soared up the slope, Milarepa's followers were dumbfounded to see him sitting still and meditating. Yet when Naro Bön-chung was nearly at the top, Milarepa suddenly moved into action and overtook him by riding on the rays of the sun, thus winning the contest. He did, however, fling a handful of snow on to the top of a nearby mountain, since known as Bonri, bequeathing it to the Bonpo and thereby ensuring continued Bonpo connections with the region

**The Bon**, a religion which predates Buddhism in Tibet, maintain that the entire mystical region and the nine-story Swastika Mountain are the seat of all spiritual power.

# Who can travel to Kailash?

Any person who is in good health conditions to undertake travel in high altitude of 5600 meters and above can apply for travel to Holy Mount Kailash and Lake Mansarovar. The age limit to obtain permit is 70 years. Issuance of permit cannot be guaranteed in any case or circumstances because the same is always on the discretion of the concerned authorities only. It is strictly advisable for every pilgrim to consult with your doctor and undergo the basic medical tests to ensure that he/she is fit to travel to such high altitude areas. We require a doctor's certificate confirming your fitness to undertake such challenging travel. In the event of non-receipt of the medical certificate before the commencement of the yatra and/or sudden change in health of the traveller which does not allow the traveller to take the trip, we retain the right to cancel your participation in our batch and all payments shall be non-refundable. A valid passport, Tibet visa and necessary permits are mandatory for this yatra which can be obtained through an authorized agency only. Usually foreigners and NRIs get their visa in Kathmandu upon arrival and for Indian nationals it is mandatory to present the passports to China Embassy at Delhi along with a copy of the permit to get necessary group visa. Delay in grant of permit by Tibetan authority and visa by Chinese Embassy has been a common issue always and we do not have any control over this. For information, Indian passports can fly to Nepal either with a valid passport or Indian Voter ID Card. No other Document is accepted by the immigration at Indian airports for outbound flights to Nepal. Please take a note that depending on the health of the pilgrim and due to adverse climatic conditions Tibetan authorities sometime stop people above 60 year age to undertake parikrama. Such decisions are totally at the discretion of the authorities and we do not take any responsibility for the same.



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## Organizing Kailash Yatra for pilgrims

Organising Kailash Yatra for pilgrims in such a high altitude in Tibetan region with lack of good services and facilities itself is a challenging job for operators and their local team. We put our best efforts to ensure that your yatra is completed with less hassles, lesser discomfort and without any hurdle or delay. But, since this trip is very unpredictable we do not guarantee that your trip will be without errors or problems. One should be prepared for tough situations in terms of climate, lack of infrastructure, shortage of basic needs, unwanted delays and discomfort etc. Trekking of Mt. Kailash is a challenging task and it requires extraordinary mental and physical strength. It has been observed that the people of strong will power and extreme spiritual mentality are the best people to complete this trek with lesser level of difficulties. If God permits one may have a pleasant and successful journey to Mt. Kailash.

<https://www.kailash-yatra.org>

# Risks and difficulties involved in organizing the Kailash Mansarovar Yatra

Organising travel to Tibet region is difficult itself and the most difficult part of Kailash Yatra is to get the travel permit (for Kailash Yatra one need a special permit and group visa). The rules and regulations of the local authorities keep changing quite frequently. Moreover Tibet is a remote area with very limited availability of services and one should not expect to receive high level of comfort while travelling to Kailash Mansarovar and other region in Tibet. It is advisable to read about Kailash Yatra and guidelines for travelling to Tibet, before you book a trip. Kailash Yatra website <https://www.kailash-yatra.org> is a reliable source for this.

Also weather plays a major role in this trip. Sudden changes in weather are very frequent and is a common factor of this trip which makes the trip tough not only for the operators but for the travelers as well. Helicopter and flights are most affected due to weather disturbance. Sudden climatic changes lead to trips delays and difficulties of getting proper food and clean accommodation which is a common and unavoidable fact of this trip. One should be prepared for such things. Despite of prior bookings due to backlog of travelers you may have to adjust with delays and also may have to compromise in the quality and quantity of services which may include staying in backcountry accommodation, long delays in your onward or return journey etc.

Altitude sickness is also a very common factor seen in the travellers. Trekking and kora / parikrama (circumvallation) of Mt Kailash will be challenging and one need to be prepared for the same. One should practice walking daily in the morning/evening to become habitual of taking longer walks. Usually 60 years and above age group pilgrims are not permitted to perform parikrama of Mt. Kailash.

To overcome with difficulties and risks and to make the yatra comfortable one must make himself/herself aware of the Kailash Mansarovar travel guidelines. Please contact our office for any clarification or information.

<https://www.kailash-yatra.org>

# Yatra booking requirements and process

To register yourself in one of our fixed departure dates for Kailash Yatra please contact our India head office at mobile **phone & whatsapp no. +91 8800750030** OR office landline no. **+91 11 40504050** or email us your details at [tours@maxholidays.com](mailto:tours@maxholidays.com). Please take proper information from our office and tell our yatra booking officer about the date and type of yatra you want to select for your participation. We need a coloured copy of your passport (passport should be valid for atleast six months from the date of travel), Registration Form cum Agreement duly filled and signed by the traveller, one passport size coloured photograph and booking advance payments which can be done via bank transfer, cash deposit, cash, credit card payment gateway and other options available with our office. It is the responsibility of the traveller to take all necessary yatra related information from our office as while making the bookings with us you have agreed to the 'Booking Terms' specified on our website [www.kailash-yatra.org](http://www.kailash-yatra.org) and also conveyed during the course of correspondence.

## Mt. Kailash Parikrama / Trekking / Kora

The parikrama of Mt. Kailash is made in a clockwise direction. The parikrama of Mount Kailash is about 52 km (32 miles) long out of which about 9 kms is done by vehicle. Some pilgrims believe that the entire walk around Kailash should be made in a single day, which is not considered as an easy task. A person in good shape walking fast would take perhaps 15 hours to complete the trek. Some pilgrims venture a much more demanding regimen, performing body-length prostrations over the entire length of the circumambulation the mountain is located in a particularly remote and inhospitable area of the Tibetan hills. A few modern amenities, such as benches, resting places and refreshment kiosks, exist to aid the pilgrims in their devotions. It is a popular belief that the stairways on Mount Kailash lead to heaven. Walking around the holy mountain has to be done on foot, pony or yak, taking some three days of trekking starting from a height of around 15,000 ft (4,600 m) past the Tarboche (flagpole) to cross the Dolma La pass 18,200 ft (5,600 m), and encamping for two nights en route. First, near the meadow of Dirapuk Gompa and second at Zuthulpukh after crossing Gauri Kunda.

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